

The Key to Making Disciples 1-ON-1

Why Discipleship?

Matthew 28:18-20 (GW) *When Jesus came near, he spoke to them. He said, "All authority in heaven and on earth has been given to me. ¹⁹ So wherever you go, make disciples of all nations: Baptize them in the name of the Father, and of the Son, and of the Holy Spirit. ²⁰ Teach them to do everything I have commanded you. "And remember that I am always with you until the end of time."*

Why should we be a reproducing disciple of Jesus? _____

What is a disciple?

Matthew 4:19 (ESV) *And he said to them, "Follow me, and I will make you fishers of men."*

A disciple of Jesus is one who _____ Jesus.

Matthew 11:29 (ESV) *Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.*

By taking His yoke what must we do to become like Him and find rest? _____

What are some of the distinguishing characteristics of Christ's disciples?

_____ John 8:31 (ESV) *So Jesus said to the Jews who had believed him, "If you abide in my word, you are truly my disciples,*

_____ John 13:34-35 (ESV) *A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another."*

_____ John 15:8 (ESV) *By this my Father is glorified, that you bear much fruit and so prove to be my disciples.*

Application

James 1:22 *Do not merely listen to the word, and so deceive yourselves. Do what it says.* Think of someone whom you have had the privilege of leading to Christ or one who may be eager to grow in their faith in Christ. Pray for them. Ask God to give you a heart for them and consider what more you can do to stimulate their spiritual growth. Should you visit, call, or email them to see if you can start a relationship? Would Bible study and scripture memory help them and are they having a consistent quiet time? Should you meet with them one-on-one to help them in their spiritual journey by doing a Bible study together? Summarize how you can help them and what you intend to do. Make a commitment! Please do it now...

Application (Personal & Specific):

1. Is it God's desire that I be a disciple maker for Jesus?
2. What can I do about it?
3. Who can I meet one-on-one with?
4. When do I start and how long do I do it?
5. Who will keep me accountable?

How do I disciple one-on-one?

- 1) Always pray before you meet together. Ask God to use you to train and encourage not only your partner, but yourself as well. Ask that you be discerning and sensitive to the other's needs.
- 2) Meet him in an environment that will be conducive to a private conversation.
- 3) Always greet him with a warm smile to make him feel welcome and appreciated and that you are looking forward to your meeting together.
- 4) Sit opposite each other or at least somewhere where you can make good eye contact.
- 5) Show an interest in all areas of his life, not just the spiritual. Be honest and put him at ease in your tone and response in the conversation. Find out what has been going on in his life since you saw him last. Be a good listener and be alert to any needs in his life.
- 6) Share a personal current application from the Word and invite him to do the same.
- 7) Check each other on the daily disciplines. Provide accountability by asking questions. Be alert and interested in his findings and applications.
- 8) Share the results from your weekly study assignment if you are doing one. Listen and learn, set an example, and guide him to self-discovery, if possible. Remember, it is the Holy Spirit who is the teacher.
- 9) Close in prayer, each praying if possible.
- 10) Make sure you set clear, applicable, and attainable assignments for your next meeting.
- 11) Confirm the date and time of your next meeting.
- 12) See him off with a smile and thank him for spending the time with you.
- 13) Consider recording a brief description of your meeting. This can be used as reference when you are praying for him, which should be daily. It will also be a reminder of how you are being led by the Holy Spirit to serve and help him in your next meeting together.

What am I trying to accomplish in one-on-one discipleship?

- 1) Major on being an encourager.

Hebrews 10:24-25 *Let us think of ways to motivate one another to acts of love and good works. ²⁵ And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.*

- 2) Realize that you are entering into a life-long friendship. Your relationship will be foundational to all you hope to do.

Proverbs 17:17 *A friend is always loyal, and a brother is born to help in time of need.*

- 3) Make sure you are well prepared. Get organized before you spend time with another.

2 Timothy 2:15 *Work hard so you can present yourself to God and receive his approval. Be a good worker, one who does not need to be ashamed and who correctly explains the word of truth.*

- 4) Set the pace. You can't take someone farther than you have gone yourself. Don't ask another to do what you have not done or are not willing to do.

Philippians 4:9 *Keep putting into practice all you learned and received from me— everything you heard from me and saw me doing. Then the God of peace will be with you.*

- 5) Modeling is the key to reproducing your life. More things are caught than taught. Be transparent with those you are helping. Share your weaknesses and struggles as well as your strengths and victories. Remember, you're not perfect – just growing.

- 6) Repeat key principles. The basics are basic; keep hitting the basics.

Philippians 3:1 *Whatever happens, my dear brothers and sisters rejoice in the Lord. I never get tired of telling you these things, and I do it to safeguard your faith.*

- 7) Don't "dump the truck" by telling him everything you know. Share only what they need to know now.

- 8) Use illustrations. Create word pictures (a picture is worth a thousand words). Tell stories. Give examples (real life if possible). Jesus did this over and over. "The Kingdom of God is like ..."

9) Don't talk down to him. Share with him as a friend and fellow soldier.

Timothy 2:4 (ESV) No soldier gets entangled in civilian pursuits, since his aim is to please the one who enlisted him.

10) Fit your man to man plans to the person, not the person to the program. Remember its people before programs and even people before principles. It's your friend whom Christ died for!

1 Corinthians 3:9-10 For we are both God's workers. And you are God's field. You are God's building. Because of God's grace to me, I have laid the foundation like an expert builder. Now others are building on it. But whoever is building on this foundation must be very careful.

11) Always focus on Christ and relate all you do together to knowing Him or making Him known.

Hebrews 12:2a We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith.

12) Keep sharing the vision of disciple making. Be a disciple; make disciples; develop disciple makers. Help them think spiritual reproduction.

2 Timothy 2:2 You have heard me teach things that have been confirmed by many reliable witnesses. Now teach these truths to other trustworthy people who will be able to pass them on to others.

13) Communicate an attitude of acceptance and love. Be a fan of your disciple. Be a friend.

John 13:34-35 So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples."