

The daily quiet time: Ten Motivations and Guidelines to consider

By Elmo Joseph

1. Commit my time to seeking God for Himself; Be zealous for Him, not just for what He gives us, nor just to learn *about* God. Commit to seeking God Himself.
2. As God to search my heart.
3. Commit myself to knowing God in a deeper way.
4. Cultivate an attitude of praise and thankfulness in my quiet time
5. Get the right diet: The Word of God must be primary.
6. Adjust how much of Scripture I read each day to my current needs. Avoid reading a large section just to “get it done.” Instead, meditate and pray over a small section of Scripture.
7. Don’t be afraid to ask God for what I need, desire and want.
8. Write down my reflections: Prayers, answers to prayer, His commands.
9. Pray effectively, with reverence and sincerity, use Scripture itself and pray it back to God.
10. Obey what God is telling me. Believe what He says in His Word. Take Him at His Word.